

GENERAL PRACTICE GUIDELINES FOR PATIENT REGARDING HOSPITAL/CLINIC VISIT

- 1) All patients should book appointment- telephonically or online before coming to hospital.¹
- 2) Patient should visit to hospital/clinic only after his/her appointment is confirmed.
- 3) No “walk in” should be permitted except in dire emergency.
- 4) Non-essential visits to hospital/clinic should be avoided because there is a risk of exposing them to asymptomatic CORONA carriers.¹
- 5) Following instructions should be given to the patient at the time of booking appointment
 - 5a) Only one relative per (independently walking) patient should be permitted to enter hospital premises to avoid overcrowding in hospital.²
 - 5b) Patient and his/her accompanying relative should wash/sanitize their hands and wear face masks before leaving their home. They should not touch their face or face mask repeatedly and not lower their mask for talking.³
 - 5c) Patient and his/her accompanying relative should bring only essential things with them, and avoid bringing non-essential things like eatables, toys, laptop etc.
 - 5d) Patient and his/her accompanying relative should reach hospital entry gate at his appointment time only. Entry inside building and waiting should not be allowed before appointment time.
 - 5e) Patient and his/her accompanying relative should get their body temperature checked at entry gate.¹ Patient having no fever/cough/cold/nasal discharge will be allowed to enter inside hospital premises after sanitizing their hands at entry gate. They should maintain a distance of 6 feet (physical distancing) from other people while being in hospital and avoid making rush at one place. Patient having any of these symptoms will be advised to visit COVID CARE CENTERS.
 - 5f) Patient and his/her accompanying relative should cough/sneeze against their elbow if they develop this and should not spit anywhere while being in hospital. They should avoid touching their eyes, mouth, or nose without washing hands.⁴
 - 5g) Patient and his/her accompanying relative should avoid shaking hands with any other person and say NAMASTE if they want to greet someone else.
 - 5h) Patient and his/her accompanying relative should wait for their turn at each counter quietly without talking to others unnecessarily, and maintain physical distance of 6 feet from others without touching their surroundings unnecessarily.
- 6) Patient and his/her accompanying relative should maintain silence inside the hospital premises, and should not talk very loudly.⁵
- 7) Non-essential talking on phone during hospital visit should be avoided.
- 8) If patient and his/her accompanying relative feel extraordinarily uneasy or unwell anytime inside the hospital premises, they should immediately inform to any hospital staff for help. This will help us in avoiding acute emergencies like drop attacks, falls etc.
- 9) Patient and his/her accompanying relative should do all hospital payments digitally.

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